



Homesteader.life

## Essential Oils Resources

### *doTERRA Resources:*

- Source To You:  
<https://sourcetoyou.com/>
- Revisiting the Impact of the doTERRA Healing Hands Foundation in Ghana:  
<https://www.youtube.com/watch?v=86lQINjmNOw>
- Sourcing doTERRA Vetiver with Co-Impact Sourcing Practices:  
<https://www.youtube.com/watch?v=pFYFgNSxYxk>
- doTERRA Healthcare Initiative:  
[https://doterra.az1.qualtrics.com/jfe/form/SV\\_6zpXFGgqalXYxDv](https://doterra.az1.qualtrics.com/jfe/form/SV_6zpXFGgqalXYxDv)
- Lindsay Michael's Website:  
<https://homesteader.life/>
- Lindsay Michael's doTERRA Store:  
<https://www.doterra.com/US/en/site/lindsaymichael>

### *Literature Resources:*

- Modern Essentials:  
<https://www.goodreads.com/book/show/36456627-modern-essentials>
- Emotions & Essential Oils:  
<https://www.goodreads.com/book/show/44162073-emotions-and-essential-oils>
- The Essential Life:  
<https://www.goodreads.com/book/show/25941953-the-essential-life>
- Advanced Aromatherapy: The Science of Essential Oil Therapy:  
[https://www.goodreads.com/book/show/1087201.Advanced\\_Aromatherapy](https://www.goodreads.com/book/show/1087201.Advanced_Aromatherapy)
- Medical Aromatherapy: Healing with Essential Oils:  
<https://www.goodreads.com/book/show/19219210-medical-aromatherapy>
- Essential Oil Safety: A Guide for Health Care Professionals:  
<https://www.goodreads.com/book/show/14887519-essential-oil-safety>
- The Art Of Aromatherapy:  
[https://www.goodreads.com/book/show/2296865.The\\_Art\\_Of\\_Aromatherapy](https://www.goodreads.com/book/show/2296865.The_Art_Of_Aromatherapy)
- Nourishing Traditions: This book is about diet, not oils, but wellness goes hand-in-hand with what we eat. Just some valuable additional information if you want it.  
[https://www.goodreads.com/book/show/117835.Nourishing\\_Traditions](https://www.goodreads.com/book/show/117835.Nourishing_Traditions)

## *Medical/Scientific Resources:*

- Pub Med:  
<https://pubmed.ncbi.nlm.nih.gov/>
- Essential Oil Analysis Foundation:  
<https://essentialoilanalysis.com/>
- AromaticScience:  
<http://www.aromaticscience.com/>
- Dr. Robert Pappas:  
<https://www.facebook.com/EODoctor/>

## *Recipes and DIY Resources:*

- <https://www.doterra.com/US/en/blog/diy-whipped-peppermint-foot-lotion/>
- <https://www.doterra.com/US/en/blog/sticker-removal-with-lemon-oil>
- <https://www.doterra.com/US/en/blog/diy-clay-mask/>
- <https://www.doterra.com/US/en/blog/diy-makeup-remover-wipes>
- <https://www.doterra.com/US/en/blog/recipes-pumpkin-cookies>
- <https://www.doterra.com/US/en/blog/diy-whipped-body-butter>

## *Supplies Resources:*

These are trusted companies that we use for purchasing supplies and ingredients for DIYs.

- AromaTools:  
<https://www.aromatools.com/>
- Oil Life:  
<https://www.oillife.com/>
- Got Oil Supplies:  
<https://www.gotoilsupplies.com/>
- Mountain Rose Herbs:  
<https://www.mountainroseherbs.com/>